

# Spiritual Pathway Assessment

1. Respond to each statement below according to the following scale:

3 = Consistently/definitely true of me

2 = Often/usually true of me

1 = Once in a while/sometimes true of me

0 = Not at all/never true of me

2. Transfer the numbers you gave for each assessment statement to the grid.

3. Total each column. The highest number identifies your preferred spiritual pathway; the next highest number, your secondary pathway.

1. *When I have a problem, I'd rather pray with people than pray alone.*
2. *In church service, I most look forward to the teaching.*
3. *People who know me would describe me as enthusiastic during worship times.*
4. *No matter how tired I get, I usually come alive when a challenge is placed before me.*
5. *Spiritual reality sometimes feels more real to me than the physical world.*
6. *I get distracted in meetings or services if I notice details in the surroundings that haven't been attended to.*
7. *A beautiful sunset can give me a spiritual high that temporarily blocks out everything bothering me.*
8. *It makes me feel better about myself to hang out with people I know and like.*
9. *I've never understood why people don't love to study the Bible in depth.*
10. *God touches me every time I gather with other believers for praise.*
11. *People around me know how passionate I feel about the causes I'm involved in.*
12. *I experience a deep inner joy when I am in a quiet place, free from distractions.*

13. *Helping others is easy for me, even when I have problems.*
14. *When faced with a difficult decision, I am drawn to walk in the woods, on the beach, or in some other outdoor setting.*
15. *When I am alone too much, I tend to lose energy or get a little depressed.*
16. *People seek me out when they need answers to biblical questions.*
17. *Even when I'm tired, I look forward to going to a church service.*
18. *I sense the presence of God most when I'm doing his work.*
19. *I don't understand how Christians can be so busy and still think they're hearing from God.*
20. *I love being able to serve behind the scenes, out of the spotlight.*
21. *I experience God in nature so powerfully I'm sometimes tempted not to bother with Church.*
22. *I experience God most tangibly in fellowship with a few others.*
23. *When I need to be refreshed, a stimulating book is just the thing.*
24. *I am happiest with I praise God together with others.*
25. *"When the going gets tough, the tough get going" – that's true about me!*
26. *My family and friends sometimes tease me about being such a hermit.*
27. *People around me sometimes tell me they admire my compassion.*
28. *Things in nature often teach me valuable lessons about God.*
29. *I don't understand people who have a hard time revealing personal things about themselves.*
30. *Sometimes I spend too much time learning about an issue rather than dealing with it.*
31. *I don't think there's any good excuse for missing a worship time.*
32. *I get tremendous satisfaction from seeing people working together to achieve a goal*

33. *When I face a difficulty, being alone feels most helpful.*
34. *Even when I'm tired, I find I have the energy and desire to care for people's problems.*
35. *God is so real when I'm in a beautiful, natural setting.*
36. *When I'm tired, there's nothing better than going out with friends to refresh me.*
37. *I worship God best in response to theological truth clearly explained.*
38. *I like how all the world's problems – including mine – seem unimportant when I'm praising God at church.*
39. *I get frustrated with people's apathy in the face of injustice.*
40. *If the truth were told, I sometimes feel guilty for enjoying silence and solitude so much.*
41. *I am happiest when I find someone who really needs help and I step in and offer it.*
42. *Others know that if I'm not around, I'm most likely outside in a beautiful place.*
43. *People around me describe me as a people person.*
44. *I often read lots of books or articles to help me work through a problem.*
45. *When I get overwhelmed, there's nothing like a good worship service to get me back on track.*
46. *I should probably take more time to slow down, but I really love what I do, especially ministry.*
47. *Sometimes I spend too much time mulling over negative things people say about me.*
48. *I experience God's presence as I counsel someone who is struggling or in trouble.*
49. *When I see natural beauty, something wonderful stirs in me that is difficult to describe.*

## Spiritual Pathway Assessment Scoring

Transfer the numbers from the assessment to this grid, and total each column.

1		2		3		4		5		6		7	
8		9		10		11		12		13		14	
15		16		17		18		19		20		21	
22		23		24		25		26		27		28	
29		30		31		32		33		34		35	
36		37		38		39		40		41		42	
43		44		45		46		47		48		49	
Total		Total		Total		Total		Total		Total		Total	
A		B		C		D		E		F		G	
Relational		Intellectual		Worship		Activist		Contemplative		Serving		Creation	

*Relational – I connect best to God when I am with others*

*A*

*Intellectual – I connect best to God when I learn*

*B*

*Worship – I connect best to God when I worship*

*C*

*Activist – I connect best to God when doing great things*

*D*

*Contemplative – I connect best to God in silence*

*E*

*Serving – I connect best to God while completing kingdom tasks*

*F*

*Creation – I connect best to God in nature*

*G*